

**Happy
St. Patrick's
Day**

March is named after the Roman god of war, marking the start of the warfare season. It hosts celebrations like International Women's Day and Saint Patrick's Day, as well as historical events like the first successful telephone call and the assassination of Julius Caesar

Red and gray corned beef are both made from brisket, but they have different curing processes. Red corned beef gets its color from sodium nitrate, while gray corned beef is cured with salt and is most commonly associated with New England



Green beer on St. Patrick's Day has



**Tim Foley, HAAC
President ACF Epicurean Club of
Boston**

March 1, 2025

The Epicurean Club

Welcome to the start of March. Winters is coming to End, get ready for march, which is turning out to be very busy, starting with Mardi Gras, Ash Wednesday, St Patrick's day, National Women's history Month, Daylight savings, 1st day of spring, The Seafood Show and Many Foods shows to start.

Also, looking ahead we have the Jimmy D 23rd Annual golf outing on June 16th at Sandy Burr in Wayland MA. Our Foursome go quickly please go online to book your team, www.ACFECB.com. If you're not a Golfer and want to participate in donating to our golf outing, we're offering Hole Sponsorship which is

been around for more than a century.

Do you know why people drink green beer on St. Patrick's Day? Although we're pretty sure that no Irishman worth his salt would dare to have a sip of the stuff, the amazing fact is that St. Patrick's Day's green beer is over a century old.

In 1914, an Irish American New York City coroner named Dr. Thomas Hayes Curtin unveiled his invention of a beer the color of shamrocks at a Bronx social club.



Leon Roberge Annual Memorial Culinary Classic
6 Northeast Chapters will compete for the Gold.
Professional Chef of NH, ACF white Mountain Chapter, ACF RI, ACF Cape Code Chapter, ACF Casco bay Chapter, Epicurean Club of Boston will compete for this year's Best of the best at Assabet High School .



greatly appreciated. All our golf funds go to MRA Scholarships fund.

November 10th – We have very exciting news for our November meeting, the ECB is going to cook and coordinate a Veterans Day Dinner for the Veterans at Am Vets in Natick, MA. We're very excited about this new event; we look forward to having this great event for our Veterans. more to come.

February 24: We held our monthly meeting at UNOS Chicago Bar & Grill – in Dedham.

The Educational was very interesting, **The Art of Deep-Dish Pizza Fred was great meeting.**

March: Were getting ready for the 3rd Annual Snapchef Leon Roberge Culinary Competition. This event consists of 5 ACF Chapters competing against each other for chapter honors. March will also include the 4th Annual Assabet Region Burger Challenge with Chef Lou Trudeau. This event will take place at Assabet Regional High School, 215 Fitchburg St. Marlboro, MA. What a way to start the new year. Please look at the ECB website calendar for details of these future meetings. I would like to thank the following sponsors: our Event - Snap Chef, Sysco Fresh Point and Dole & Baily.

To all our Purveyors, Thank You for your unwavering support of the Epicurean Club of Boston. We appreciate your dedication to our profession and ongoing encouragement to our young culinarians.

To our members, please remember and take care of our friends.

I will leave you with a few of **March Fun Facts:** Mardi Gras, Ash Wednesday, St. Patrick's Day, First Day of Spring and National Vietnam War veterans Day.

The best foods to eat in March –



Welcome to the 2025 Snapchef Culinary Classic & The Leon Roberge CEC, AAC Spring ACF Culinary Competition and ACF Northeast Chapter Membership Meeting March 24th, 2025 at Assabet Highschool. Please RSVP to chef12@comcast.net to reserve your place . Please Support our Generous Sponsors below.



Artichokes, Asparagus, Broccoli, Leeks, Potato's and Spring Onions Remember, don't sweat the small stuff, Be the Chef you have always dreamt about.

Sincerely,
 Tim Foley, HAAC
 774-270-4828
 txfoley13@gmail.com

New England Bar and Restaurant Show

NEW ENGLAND RESTAURANT & BAR SHOW
 March 30 - 31, 2025
 Boston Convention & Exhibition Center
 Boston, MA

The Region's Largest Foodservice Event!

March 30 - 31, 2025
 Boston Convention & Exhibition Center
 Boston, MA

Join Us At The Show!
 We would personally like to invite you to attend the 2025 New England Restaurant & Bar Show. Use our Promo Code below when registering online to receive a Free Registration!

ECB25

SHOW HIGHLIGHTS:

- 200+ Exhibitors
- Seminars
- Sampling Pavilion
- Educational Sessions
- Live Culinary Demos

In partnership with:
The MRA
 Ready • A Network of Professionals

WHO SHOULD ATTEND?
 Anyone involved in the running of restaurants, bars, and foodservice establishments such as but not limited to:

- Restaurant Owners
- General Managers
- Catering/Event Planners
- Executive Chefs
- Bar Managers
- Nutritionists
- Purchasing Managers
- F&B Directors
- Corporate Management

www.NewEnglandRestaurantBarShow.com

ACF / Epicurean Club of Boston | 29 Johnson Street | Saugus, MA 01906 US
[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)

Make A Smart Play with Pork

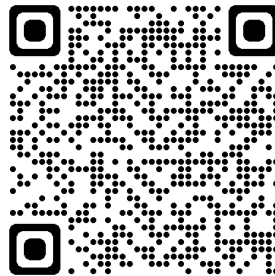
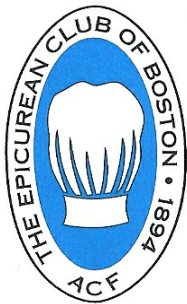
The **MAINS** EXCHANGE

Smithfield
 CULINARY

Get Insights

ACF 2025 Food Trends Report





Certification update.

Certified Executive Chef James Connolly CEC,CCA,AAC



James Connolly CEC, CCA, AAC Certification Corner March 1st,2025.

ACF Certification exhibits a benchmark of excellence by demonstrating professional standards in culinary skills and knowledge of the food service industry. Certified chefs attain the well-deserved recognition and respect of their peers.

To register for the exam, you can follow this link <https://tinyurl.com/3ykmtbzt>

Registering for ACF Practical Exams

- ACF approval is required prior to registering for practical exams.
- Register online or by submitting Practical Exam

Candidate Registration Form.

- The practical exam fee is \$50 for ACF members and \$100 for non-members. Test sites may charge an additional host site fee that is payable to the site hosting the exam.
- Practical exam scores are valid for one year.

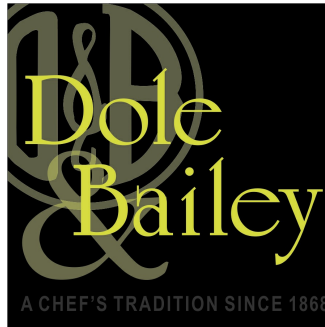
[Read More](#)

PLEASE SUPPORT OUR GENEROUS VENDORS.





306 Northern Avenue
Boston, MA USA 02210
617-542-9418



ACF / Epicurean Club of Boston | 29 Johnson Street | Saugus, MA 01906 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!